Effective treatment with proven results by homeopathy

The best treatment for any disease has been proven by Constitutional Homeopathy at Homeocare International. Lakhs of patients have experienced effective results, through us.



Our Advanced Speciality Treatments in:

- Diabetes
- PCOD
- Arthritis
- Disc Problems
- Infertility
- Sexual Problems
- Spondylosis
- Asthma-Allergy

Scan for Superstar Krishna video





Thyroid

Joint Pains

Psoriasis

Hormone Problems

An ISO 9001:2008 Certified clinic with German Accreditation

www.homeocare.in



FREE CONSULTATION 955 000 1188 / 99

TOLL-FREE 1800 102 2202

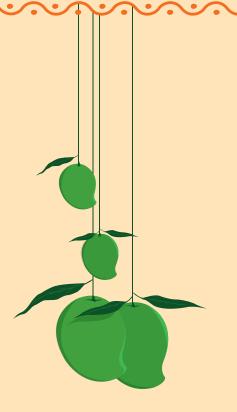
TELANGANA: Hyderabad (Abids, Begumpet, Dilsukhnagar, Jubilee Hills, Kukatpally, Masab Tank, Miyapur), Hanumakonda.

ANDHRA PRADESH: Vijayawada, Visakhapatnam, Tirupati, Rajahmundry, Guntur.

KARNATAKA: Bengaluru (Jayanagar, Malleshwaram, Indira Nagar), Hubballi, Mangaluru, Davangere,

Ballari, Mysuru, Kalaburgi.

TAMIL NADU: Chennai (Aminjikarai, C.I.T. Nagar, Tambaram), Coimbatore, Madurai, Trichy.





Be Healthy, Be Happy Volume-2

WISHING EVERYONE A VERY HAPPY & HEALTHY



Arogya Book-Ugadi_NEW_Final.indd Spread 1 of 14 - Pages(26, 1) 07/03/15 7:27 PM



Editor's Note

"Hello, I welcome you to another edition of our magazine with much happiness and sincerity."

Festive Issue

In this season of festivals, we bring you happy stories of people who have been cured of their ailments at Homeocare International. I would like to thank our entire staff for their relentless hard work and dedication and a special mention to the doctors who took time in extending support and contributed to this magazine. The forthcoming issues will have more such cases of cured patients and please do let us know about any spectacular cases. As we continue to progress I would like to wish you all, a prosperous and successful year and best wishes for the festive season.

Dr. Rohit Morlawar Editor-in-Chief

Celebrating Good Health

Cover Note

In this season of festivities, Homeocare International would like to thank each and every one in our team, who have helped us in spreading the festive cheer amongst patients and their families. Everyone deserves to be happy and Homeocare International dedicates itself to deliver such happiness by curing numerous chronic cases. Homeocare International is sure to progress further in spreading much more happiness across the nation. This festive season Homeocare International wishes you all good health and prosperity.

Co-Editors: Chief Advisor: Medical Audit Team Dr. Sudheer Reddy

Contributors:

Dr. Ramadas Dr. Madhavi Dr. Venkatnarayana Dr. Anil Dr. Surender Reddy Dr. Karthikeyan Dr. Sneha B. Dr. Mullai

Design:

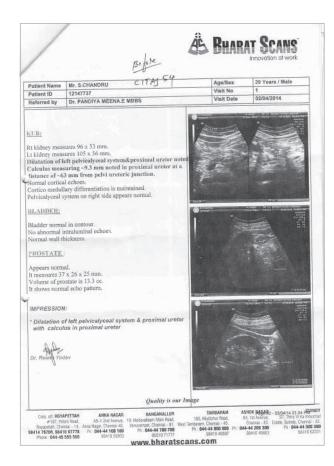
White Thoughts & Branding

Renal Calculi



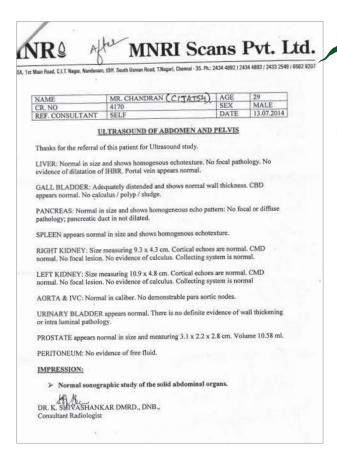
BEFORE

treatment at Homeocare International



AFTER

treatment at
Homeocare International



Myth 3: Disease diagnosis is not important in Homeopathy

Fact: Diagnosis means naming of the disease, it helps in understanding prognosis of the disease. So, diagnosis is important even for a Homeoapthy doctor. Homeopathy treatment not only depends on disease diagnosis, many other things also play a major role in treating diseases. In Homeopathy we treat the disease and the person as a whole

Myth 4: Homeopathic medicines are unsafe for pregnant women

Fact: Homeopathy is the safest and ideal medicine for pregnant women for problems like, morning sickness, nausea, anaemia, backache, cramps, heartburn, diarrhoea, skin allergies, blood pressure, emotional distress, etc. which usually occur during pregnancy. And it is also safe for the growing baby.

Myth 5: Homeopathy is only a herbal treatment

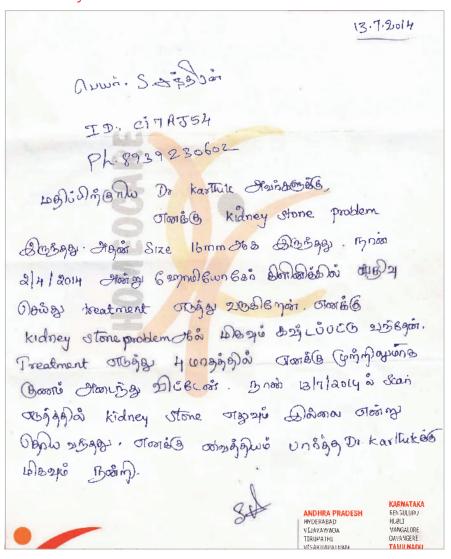
Fact: Homeopthy medicines are not herbal, because they are never used in crude form, they are not only prepared from plants, we extract the crude substances from various sources like animals, minerals etc and their preparation undergo a process of potentisation. So that it works in dynamic level to cure diseases completely.

Arogya Book-Ugadi_NEW_Final.indd Spread 2 of 14 - Pages(2, 25)

Renal Calculi cured, surgery avoided

Case Study of Dr. Karthikeyan

A solution for Renal Calculi without surgery by using Homeopathic medicines at Homeocare International. The reports before treatment shows 9.3mm calculus in proximal ureter and after 3 months of treatment, report shows how Homeopathy prevented surgery.



Homeopathy myths and facts

Myth 1: There are many diet restrictions on homeopathic treatment

Fact: It's a false opinion regarding diet during homeopathic medications food items like onion, garlic and mint etc. are restricted. Homeopathic medicines when given can be inactived by certain substances, but not in all medicines. To avoid this small problem ideally patients are advised to abstain food and beverages 15 min before and after taking homeopathic medicines.

Myth 2: Homeopathy is not for first aid

Fact: Homeopathy works wonders in first aid, in cases of sprains and strains, concussions, minor cuts and wounds, scalds, burns, sunburn, bites & stings, blisters, toothache, bleeding haemorrhoids, hiccups, etc.



Greetings for the festive season

Chairman's Message

We at Homeocare International are a family of 300+ experienced and dedicated doctors, who relentlessly work towards a common goal to make India a land of healthy and happy people.

On this occasion I would like to thank all the staff and Doctors for putting their effort in making Homeocare International, the most preferred homeopathy clinic to cure and treat innumerable chronic diseases.

We at Homeocare International are committed to provide the highest quality of healthcare to patients, we have seamlessly integrated the traditional methods of homeopathy into world-class and state-of-the-art infrastructure, cutting-edge technology and comprehensive information systems. We have also been able to set the highest level of benchmarks for effective treatment of chronic diseases. This festive season I would like to thank you for your effort and zeal to make homeopathy a trusted medicine. Let's celebrate our success and I wish you much more happiness and prosperity in the future.

With regards,
Dr. Srikant Morlawar,
Chairman & Managing Director,
Homeocare International Pvt. Ltd.

Arogya Book-Ugadi_NEW_Final.indd Spread 3 of 14 - Pages(24, 1)

A case of chronic Eczema

Case Study of Mrs. Laxmi Reddy

A case of chronic Eczema treated with Homeopathy. This patient took various treatments for the past 10 years but without any satisfactory result. After taking treatment at Homeocare International, her skin was free from Eczema. This is a sign of true improvement.

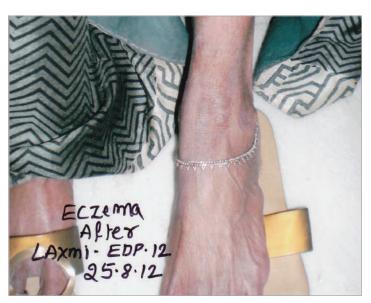


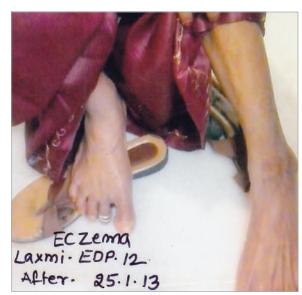
treatment at Homeocare International



AFTER

treatment at Homeocare International



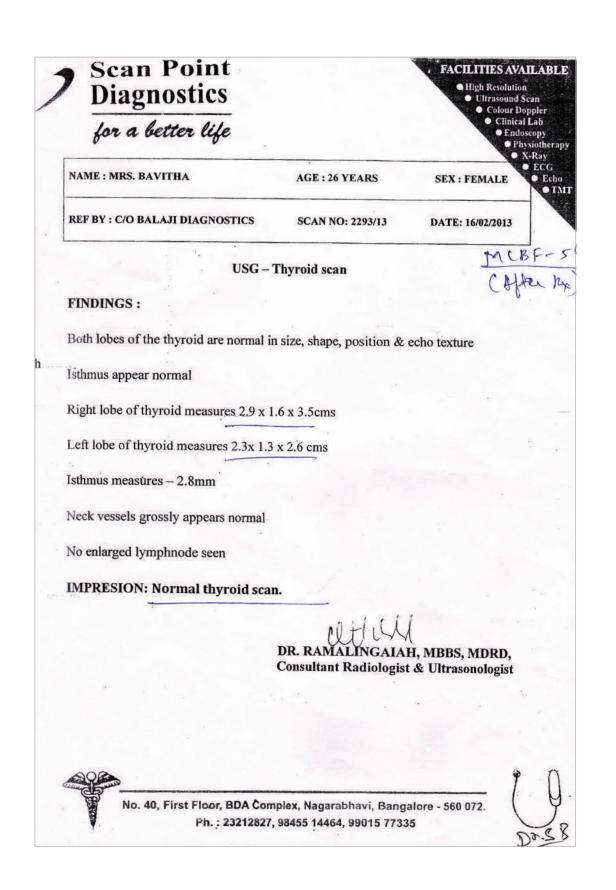


Thyroid



treatment at Homeocare International





Arogya Book-Ugadi_NEW_Final.indd Spread 4 of 14 - Pages(2, 23)

Thyroid treatment with Homeopathy

A case of 24-year old female presented with Thyroid enlargement. Before treating, Thyroid scan showed diffuse enlargement of both lobes of Thyroid. After 8 months of treatment, repeat scan showed absolutely normal report.

A Case Study

BEFORE treatment at Homeocare International

Phone: 23712175



JINDAL RURAL CHARITABLE HOSPITAL

JINDAL NAGAR, TUMKUR ROAD, BANGALORE-560 073.

RADIOLOGY DEPARTMENT

ULTRASONOGRAPHY REPORT

MLBF-56 (During Px)

NAME:

24Y/F

15158

INVESTIGATION; ULTRASONOGRAPHY OF THYROID

REF BY DOCTOR: PADMAVATHI

JRCH

16.06.12.

THYROID SCAN

B-Mode ultrasonography of the thyroid was performed using 7.5 MHz probe.

BOTH LOBES: Right lobe measures $33 \times 17 \times 22 \text{ mm}$.

Left lobe measures 34 X 17 X 18 mm

Diffused enlargement of both lobe of thyroid

No evidence of calcification

No hyper/hypoechoic lesion

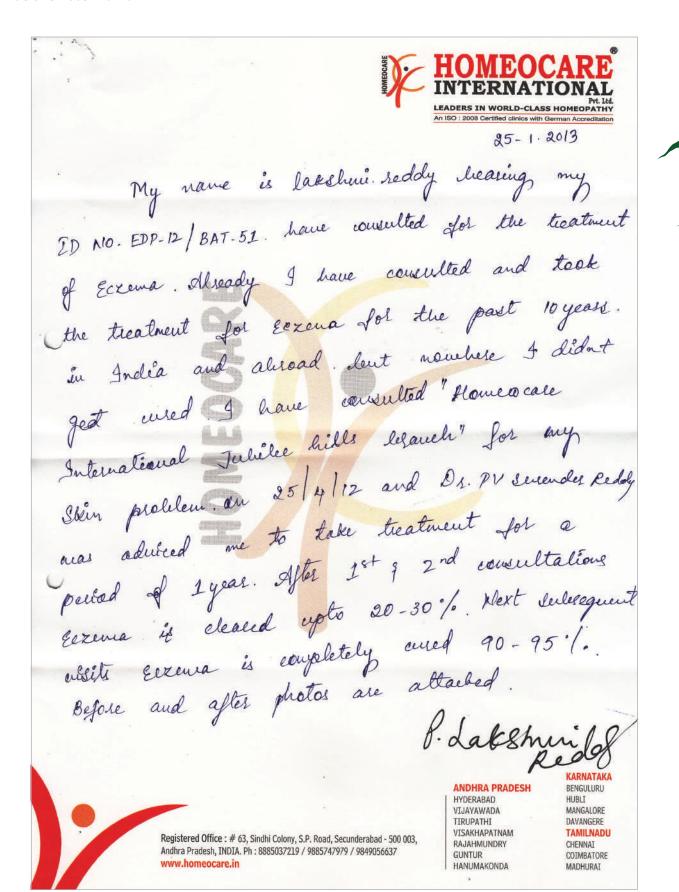
Isthmus 4mm appears normal.

IMPRESSION: DIFFUSED ENLARGMENT OF BOTH LOBES OF THYROID

For For W DR. SUJITH RADIOLOGIST Eczema

Patient Testimonial





Arogya Book-Ugadi_NEW_Final.indd Spread 5 of 14 - Pages(22, 3) 07/03/15 7:27 PM

Uterine Fibroid? No longer a worry at all

A Case Study

It is time to prove that Homeopathy can offer results in surgical disease like Uterine Fibroids. Here is a case with bulky uterus and subserosal fibroid measuring 2.8x2.6cm. After 8 months of treatment in Homeocare International, the patient was again sent for ultrasonic revision that confirmed no evidence of fibroid.



RAGASUMA

Dr. B. VIJAYASREE M.B.B.S., DMRD Cell: 9705698486

C/o. Suguna Children's Hospita # 6-8-90, Behind Ganesh Temple

M.G. Road, KOTHAGUDEM - 507 101

Date: 6-9-2010

Patient name:

36Y/F

Age/Sex: Ref by:

Dr. Vandanam venkateswarlu MD

Normal in size and contour. Parenchymal echotexture is normal. Hepatic and portal venous systems are normal. C.B.D and Portal vein are normal in caliber. No I.H.B.D.No e/o of any mass lesion.

G.B: Physiologically distended well. No e/o any calculi/mass lesion. Wall thickness normal.

Normal in size and echotexture. No focal lesion seen. Splenic vein normal.

Normal in size and echotexture. No e/o any calcifications/mass lesion. Pancreatic duct normal. No e/o any peripancreatic collections.

Normal in size and echotexture. No e/o Calculi/mass lesion. Collecting system is normal. Corticomedullary differentiation is well made out.Perirenal space is normal.

Normal in size and echotexture. No e/o Calculi/mass lesion. Collecting system is normal. Corticomedullary differentiation is well made out. Perirenal space is normal.

I.V.C and AORTA: Normal in caliber. No paraaortic lymphadenopathy

U.B: Distended well with normal contour. No E/O calculi/mass lesion. Wall thickness normal.

UTERUS: Bulky(10.1x4.6x5.1cm). Anteverted. Endometrial echo is in midline and normal. Hypoechoic mass lesion measuring 2.8x2.6cmnoted posteriorly, subserosally in the fundus of the uterus.

OVARIES:

Both ovaries normal in size, shape and echogenecity. No adnexal masses.

No evidence of free fluid in pleural or peritoneal cavity.

Bowels are normal with normal peristaltic activity.

Impression: Subserosal fibroid in the fundus of Uterus posteriorly.

Bulky Uterus.

Please correlate clinically.

br. B. VijayaSree

Radiologist

Ovarian Cyst

Homeocare

Patient Testimonial

Date: 08/08/14

Patient Name! Amuthavali

: CITBR2 LD NO

I am k. Amuthavali, Age 42/earls

troutment in homeocare I have taking

for back pain, pod past 8 months

problems and

completly cured. Thanks to problem

and Dr. Mullai

Andhra Pradesh, INDIA. Ph : 8885037219 / 9885747979 / 9849056637

homeolare International.

KAmulhakane

ANDHRA PRADESH HYDERABAD VIJAYAWADA

TIRUPATHI VISAKHAPATNAM Registered Office # 63, Sindhi Colony, S.P. Road, Secunderabad - 500 003, RAJAHMUNDRY GUNTUR

BENGULURU HUBLI MANGAL ORF DAVANGERE TAMILNADU COIMBATORE

BEFORE

treatment at Homeocare International

Arogya Book-Ugadi_NEW_Final.indd Spread 6 of 14 - Pages(4, 21) 07/03/15 7:27 PM

Think Homeopathy for Ovarian Cyst

Case Study of Mrs. Amrutha Valli

Homeopathy can offer solutions to Ovarian Cyst also. This is a case of a female patient presented with left ovarian large cyst measuring 5.3 - 5.1 cm. in size. After 8 months of treatment USG study showed of uterus and ovaries appeared within normal limits with no evidence of cyst seen at ovaries.

BEFORE

treatment at Homeocare International



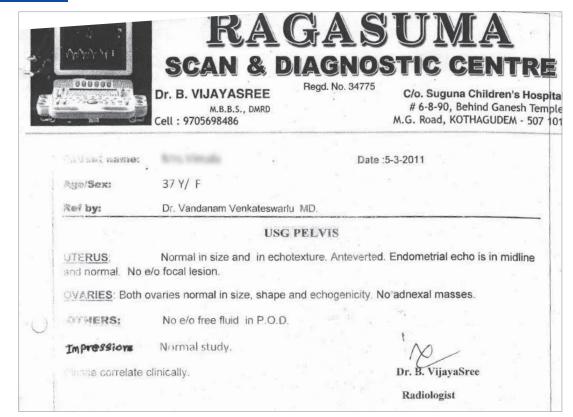
treatment at Homeocare International



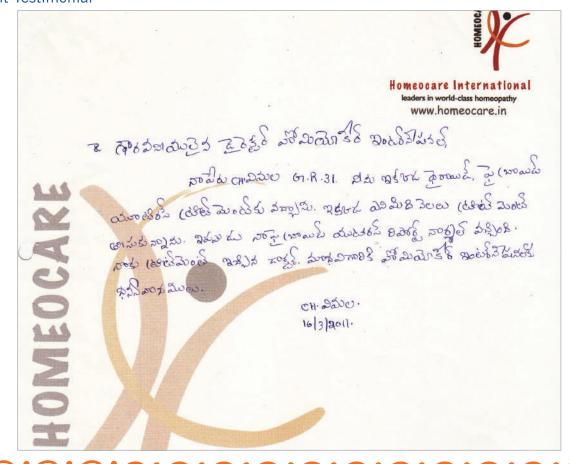
Uterine Fibroid



AFTER treatment at Homeocare International



Patient Testimonial



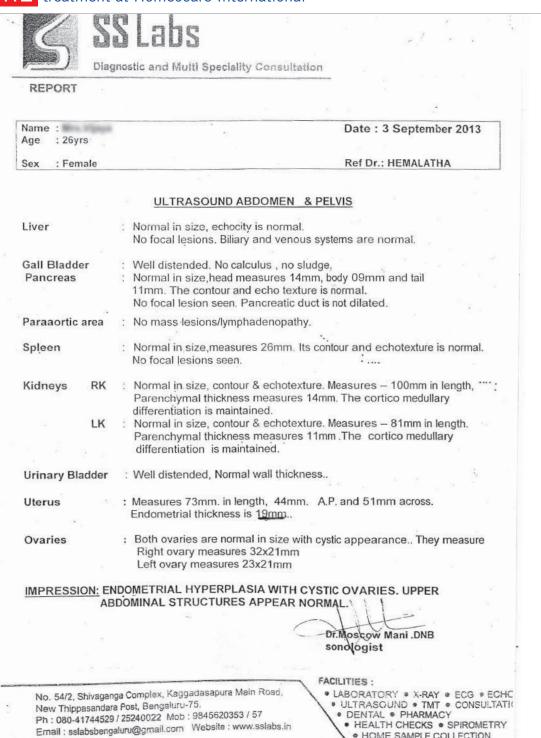
Arogya Book-Ugadi_NEW_Final.indd Spread 7 of 14 - Pages(20, 5) 07/03/15 7:27 PM

Conceive easy with Homeopathic treatment

A Case Study

A young lady presented us with Infertility. USG of abdomen was suggestive of Endometrial Hyperplasia with Cystic Ovaries. After 8 months of treatment at Homeocare International the reports showed normal endometrium and ultimately she was ready to give birth to a healthy baby. This is an example of how Homeopathy can be an effective treatment.

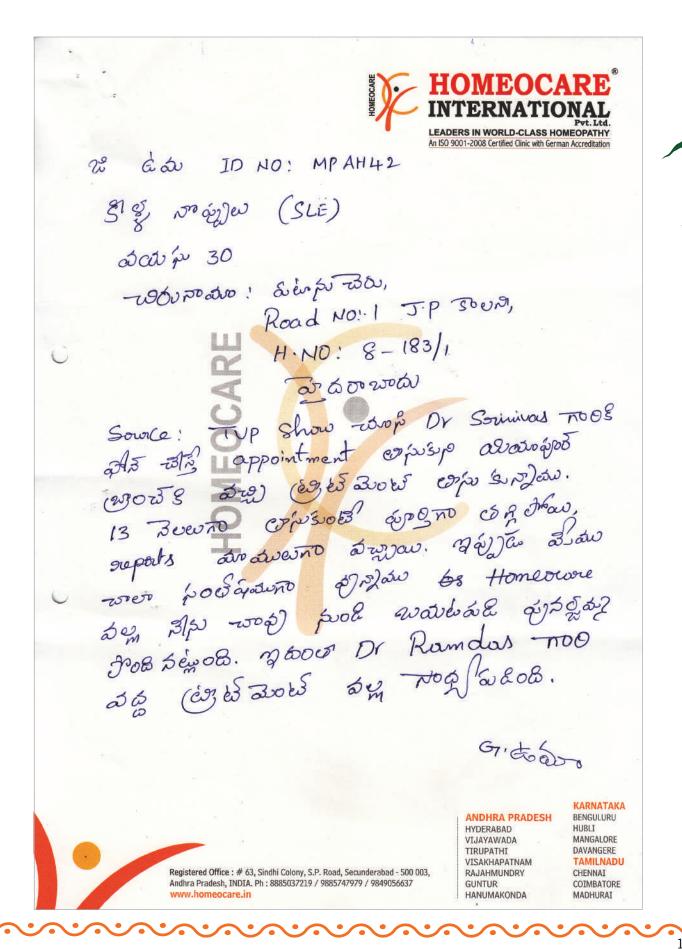
BEFORE treatment at Homeocare International



SLE

Patient Testimonial





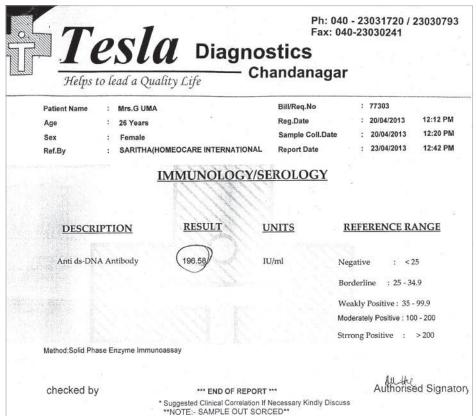
Arogya Book-Ugadi_NEW_Final.indd Spread 8 of 14 - Pages(6, 19)

SLE treated with Homeopathy

Case Study of Mrs. Uma

Here is a bit of her story. A lady aged 30 years diagnosed with SLE with significant raised ANA levels. She took treatment in Homeocare International for about 13 months and showed improvement. Her reports after treatment were completely normal.

Ph: 040-23031720, 23030793 Fax: 040-23030241



Helps to lead a Quality Life NABL Reg.Date : 30 Years 07:44 PM Sample Coll.Date : 21/04/2014 : DEEPIKA Report Date 22/04/2014 Sample Type SEROLOGY REPORT UNITS TEST Anti Nuclear Antibody BIOLOGICAL REFERENCE INTERVALS 20 - 25 : Equivocal > 25 : Positive Method : E.L.I.S.A -- END OF THE REPORT--

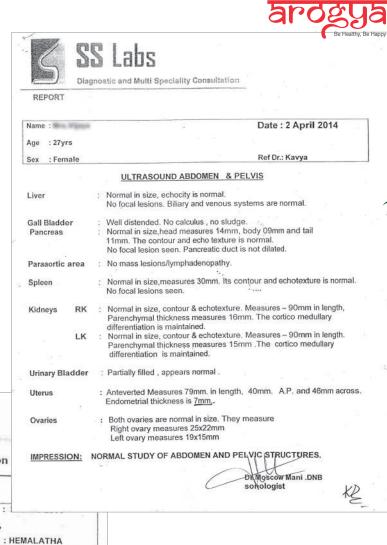
DR. Vasantha Indira Consultant Microbiologist

 $rac{esla}{}$ Diagnostics

BEFORE

treatment at Homeocare International Infertility





Diagnostic and Multi Speciality Consultation REPORT

AFTER

Homeocare International

treatment at

NAME : DATE : AGE :27years SEX : Female REF.Dr : HEMALATHA FARLY PREGNANCY SCAN FOR NUCHAL TRANS LUCENCY & NASAL BONE

[L.M.P. - 22-03-14 E.D.D. 03-01-15]

[Present Gestation Age - 13weeks 4 days] Single live intrauterine fetus in changing presentation. Foetal cardiac activity and movements are normal. Foetal heart rate 162 beats/min, regular.

10mm GA by USG 13 weeks 4 days

Cervix is normal. Internal os is closed.

CRL-72mm Nuchal translucency measures 1.8mm. Nasal bone ossification is visualised. Estimated fetal weight: 148 gm Placenta is fundo-anterior.Grade 0, Amount of liquor is adequate.

IMPRESSION: - SINGLE INTRAUTERINE LIVE FETUS CORRESPONDING TO 13 WEEKS 4 DAYS WITH NORMAL NT PARAMETER.

(EDD-03-01-2015)

I Dr. MOSCOW MANI while conducting ultr



DR.G.Sri Hari Rao

Arogya Book-Ugadi_NEW_Final.indd Spread 9 of 14 - Pages(18, 7) 07/03/15 7:27 PM

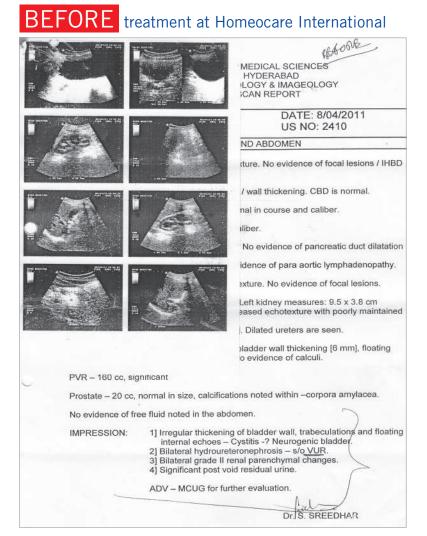
Chronic Kidney Disease

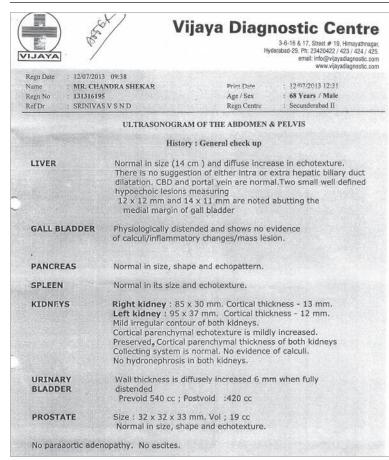
A Case Study

This case illustrates Homeopathy works even on chronic diseases. A man presented us with chronic Kidney Disease with raised serum creatinine levels i.e., 6.4mg/dl and CT abdomen showed thickening of urinary bladder with bilateral hydronephrosis and was supposed to go for dialysis due to the risk of end-stage renal disease. After that he came with a hope to Homeocare International and started treatment, gradually he improved and serum creatinine levels came down to normal i.e., 1.3mg/dl.

AFTER

treatment at Homeocare International





Rheumatoid Arthritis

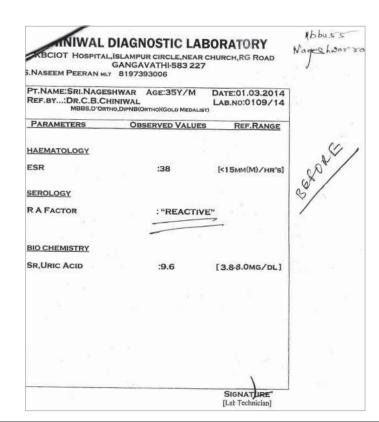


Patient Testimonial

	113
	N . 1 . 1
	21/3/14
TESTIMONIALS	
Name of Patient	: Nageshwar Rao
A 0 A4/F	
Age & M/F	: 34 years male,
I.D Number	: HBBUSTS
Date of joining	
and duration of tet	: 18/5/13. 9 month's
and duration of tre	· IXISIIS. 4 month c
Improvement	:
-	To ma Nead on Dear to be Asila
Feed back	I Mr. Nageshwar Rao, I had arthritis
	Since u-6. Years multiple joint pains
	Swelling. I took treatment in
	HCI Hubli- under core of Dr. Dhanashi
	Jes Mair ander Core of Displanosmy,
	tor 6 months my blood report came
	to normolary all Joint Prinst
	Swelling decreased tram feeling
	Later of the state
	totally better Thanks for wonderfull
	totally better Themes for wonderfully treatment I am able to do day today
	Treement, I am able do all day record
	activities.

A case of Rheumatoid **Arthritis**

patient with Rheumatoid Arthritis suffering since 6 years came to Homeocare International, after taking treatment for about 6 months he was cured symptomatically and his reports after treatment were absolutely normal with strong hope that Homeopathy confidently works.



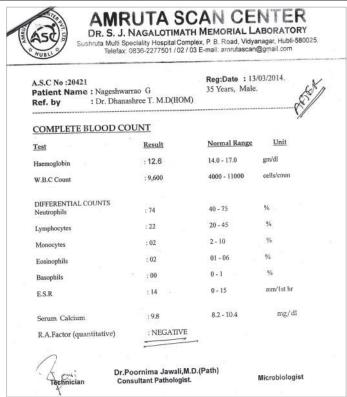
AFTER

BEFORE

Homeocare International

treatment at

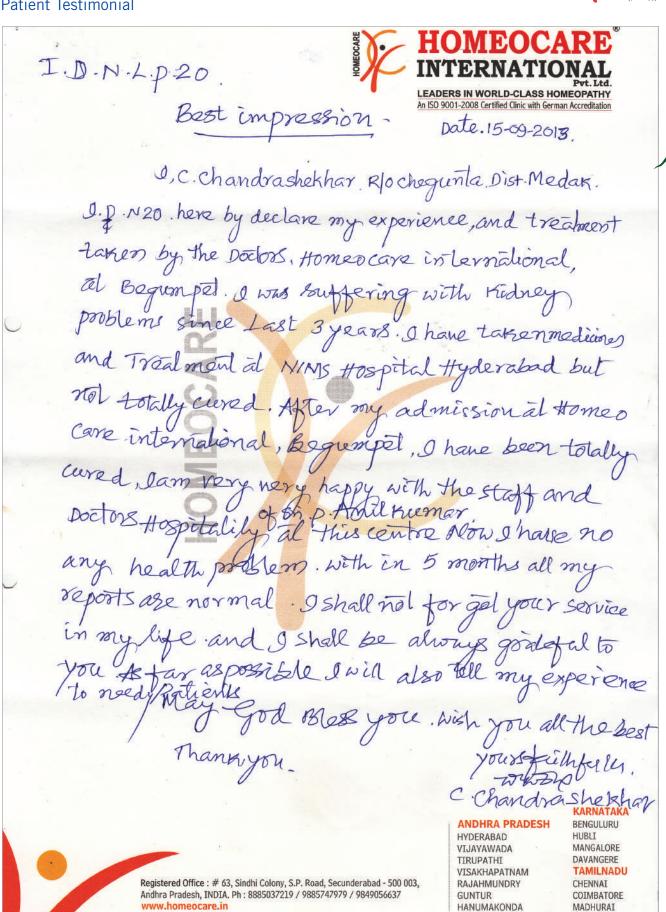
treatment at Homeocare International



Chronic Kidney Disease



Patient Testimonial



Arogya Book-Ugadi_NEW_Final.indd Spread 11 of 14 - Pages(16, 9) 07/03/15 7:27 PM

Thyroiditis cured with Homeopathy

A Case Study

A 19-year old girl presented us with Thyroid enlargement. Ultra sound studies suggested diffuse Thyroiditis. After a course of 1-year treatment at Homeocare International, she was sent again for USG of Thyroid which confirmed both lobes of thyroid as normal in size and echo texture.

treatment at Homeocare International

BEFORE **RLD**iagnostics nataka Cardio Diagnostics Centre S LEADING DIAGNOSTICS NETWORK 29-04-2012 REP. DATE: F AGE: 19 Yrs SFX : 29-04-2012 DR. RAJENDRA.V. REF. NO: RFF BY 53101 INVESTIGATION: REPORT Both the lobes of thyroid are enlarged in size, diffusely heterogeneously hypoechoic, increased vascularity noted. Isthmus is normal in size & outline. Vascularity is normal. No obvious cervical lymphadenopathy seen Right lobe measures: Left lobe measures: • The carotid arteries & jugular veins are normal & flow pattern on colour & pulsed Doppler are IMPRESSION: ENLARGED AND HETEROGENEOUS THYROID - THYROIDITIS. Suggested: FNAC correlation DR. VIJAYANAND.H.K.DMRD, DNE Tel 0821 2443537 / 8 / 9 Email pds.mysore@srl.in Web: www.srldiagnostics.co 139



Rheumatoid Arthritis:

Rheumatoid Arthritis is not due to aging process but can occur at any age. It is an autoimmune disorder in which our body's immune system mistakenly attacks it's own tissues. The lining of a joint becomes inflamed that causes stiffness and pain in the joints. People with Rheumatoid Arthritis may fall generally ill and experience few symptoms such as fatigue, fever and lack of appetite. In advanced or untreated cases it leaves permanent stiffness and deformity in joints.

Psoriatic Arthritis:

It is a type of Arthritis characterised by pain and swelling of joints in association with scaly plagues of the skin. In many cases skin symptoms precede the development of Arthritis by several years.

Gout:

Gout can affect any joint. It usually starts in the big toe but may move to your ankles, knees, elbows, hands and other joints. Gout is caused due to excess uric acid in blood which gets deposited in the joints causing damage to it. Symptoms often are red, swollen, throbbing and incredibly painful joint. Gout can cause permanent damage to the affected joint if not treated properly.

How is Arthritis diagnosed?

Arthritis can be diagnosed by history and symptoms given by the patient. Clinical examination by the doctor during which he will check for limited range of motion in the joint, swelling, warmth or redness around the joints. Apart from this your doctor will advise routine blood investigations and fluid analysis and imaging scans such as X-Ray, MRI, CT scan etc.

How Homeopathy works on Arthritis?

Homeopathy has a lot of scope in every case of Arthritis.

It is the only science that deals with the immune system.

Homoeopathic medicine is energy boosting, unlike any chemical which directly stimulates our disturbed immune power. It is able to fight any changes that occur in our body.

Homoeopathy treats the person in disease, not the disease in which it boosts up natural immune power of body and self cure takes place without creating any side effects, what is called as constitutional approach.

With the help of Constitutional Medicine we can:

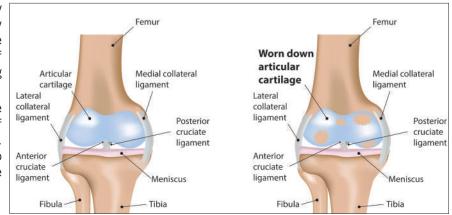
- 1. Control the progress of disease
- 2. Prevent frequent relapse of symptoms
- 3. Can prevent long-term need of immunosuppressive drugs, pain-killers, antibiotics and steroids
- 4. Reduce heredity effects which is known to cause the disease
- 5. Helps in combating patient-stress and free up from emotional stress, which is one of the most important risk factors for any disease



Arthritis, Let The Healing Begin

The very essence of life is to stay healthy, move freely and remain away from health issues that affect the feeling of well being. But diseases of joints remove this sense of well being and impair the quality of life.

Nearly one-third of elders experience this due to the common cause of unhealthy lifestyle and nutrition. Here's some striking introduction to Arthritis and tips to get rid of the disease.



What is a Joint?

It is the place where two bones meet. Joint is a complex structure made up of bone, muscles, ligaments, cartilage and tendons which are designed to allow bones to move in a definite direction. The ends of your bones are covered with a thin layer of cartilage. This cushions the joints and helps to spread the load evenly when you put pressure on it. It's smooth, slippery surface allows your bones to move freely without friction. Surrounding the joint is a tough, fibrous layer called the capsule, which stops your bones from moving too much. The inner surface of the joint capsule produces a thick fluid that nourishes the cartilage and lubricates the joints.

What is Arthritis?

Arthritis is a joint disease where these structures and functions of the joint are affected and gives rise to the pain, swelling, stiffness and finally stops the joint working properly.

What are the causes of Arthritis?

The following factors may contribute towards a higher risk:

- 1. Your genetic makeup
- 2. A physically demanding job, especially one with repetitive movements
- 3. A previous injury
- 4. Some infections or allergic reactions may cause Arthritis
- 5. Certain foods can either bring on Arthritis symptoms, or make existing one worse
- 6. Obesity which places extra strain on joints
- 7. Arthritis may also be caused by auto immune diseases
- 8. Combination of above factors working together

What are the signs and symptoms of Arthritis?

- 1. Joint pain
- 2. Swelling of the affected joints
- 3. Stiffness of joint
- 4. Warmth around the joint
- 5. Restricted movements
- 6. Deformities in advanced stages

What are the types of Arthritis?

Arthritis belongs to the group of musculoskeletal disorders consisting of not less than 100 varieties. Of these most common joint disorders includes Osteorthritis, Rheumatoid Arthritis, Psoriatic Arthritis, Gout.

Osteoarthritis:

Osteoarthritis occurs when the cushion of the joint-cartilage get damaged. The raw area that results, causes the bone to rub painfully on the other bone. Osteoarthritis is a degenerative disease, it becomes steadily worse over time and age. People who are overweight put extra pressure on their hip, knees and other weight bearing joints, this can contribute to the damage of the fibrous joint cartilage. Other causes of osteoarthritis include sports related injury and physical trauma by accidents. Occupation that depends on heavy physical labour are another common culprit. Osteoarthritis is more common in older women due to shortage of oestrogen.

Thyroiditis



AFTER treatment at Homeocare International





MCCL-47

Caffer 4) (3)

KANVA DIAGNOSTIC SERVICES PVT LTD. NO. 2/10, Dr. Rajkumar Road, 4th N Block, Rajaji Nagar, Bangalore - 560010

Patient Name		Age	19 years	
Patient I D	K1079920	Sex	F	
Ref.By Doc	DR SNEHA	Date	11/Apr/2013	

THYROID ULTRASONOGRAPHY

Both lobes and isthmus of thyroid are normal in size and show homogenous echotexture. There is no focal lesion.

MEASUREMENTS:

Left lobe

LENGTH TRANS

1.7 1.8 cm.

Right lobe 1.7 1.7 cm

Carotid artery and jugular vein are normal.

There is no evidence of significant cervical lymphadenopathy.

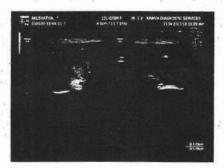
IMPRESSION:

NO ABNORMALITY DETECTED

DR SUDHAKAR. DMRD RADIOLOGIST







br-Sh

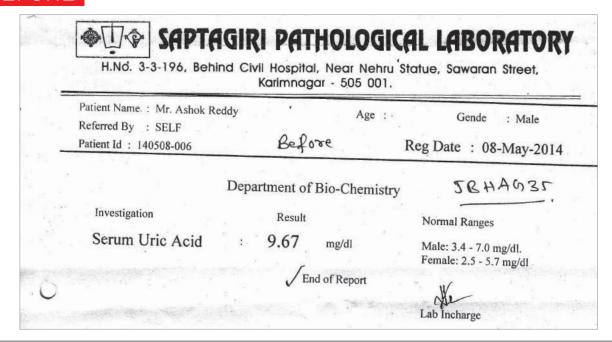
Arogya Book-Ugadi_NEW_Final.indd Spread 13 of 14 - Pages(14, 11)

A new path to cure Gouty Arthritis

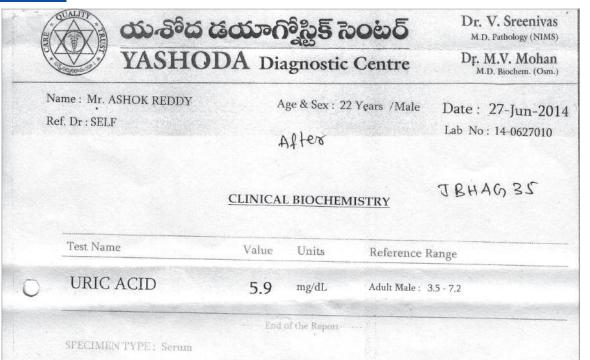
A Case Study

This is a case of Gout which is relieved. Homeocare International offers solutions for all kinds of Arthritis. Homeopathic medicines not only help to relieve pain but the advanced genetic constitutional homeopathic treatment helps in preventing future progression and makes life pain-free.

BEFORE treatment at Homeocare International



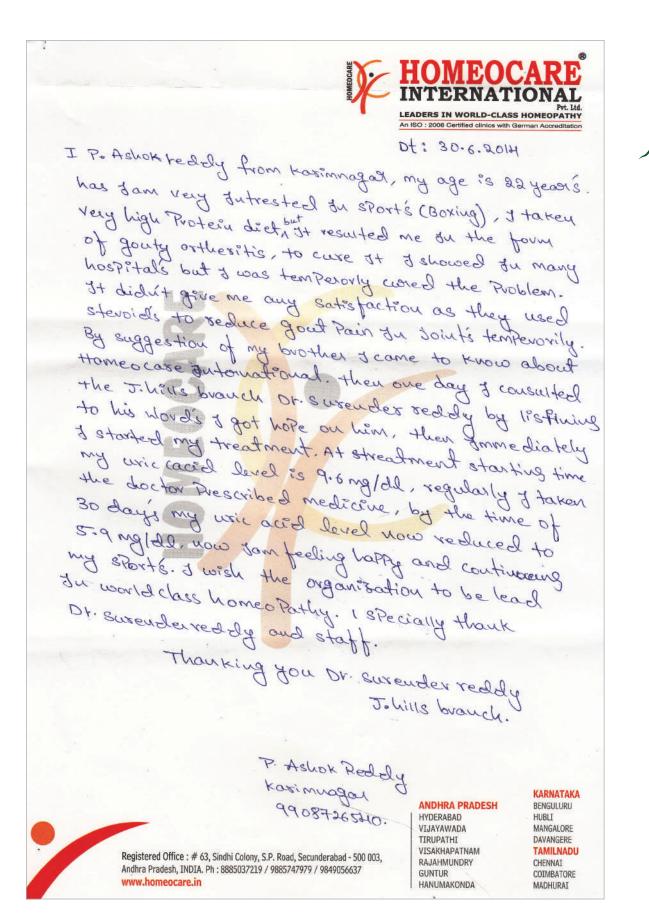
AFTER treatment at Homeocare International



Gouty Arthritis

HOMEOCARE arogya Be Healthy, Be Happy

Patient Testimonial



Arogya Book-Ugadi_NEW_Final.indd Spread 14 of 14 - Pages(12, 13)